

TV Meat Loaf

Ingredients

1-1/2 Pound Ground Beef
2 Tablespoons Butter
1 Medium Onion, chopped
1 Egg Slightly Beaten
1/2 Teaspoon Salt
1/2 Teaspoon Pepper
4 Tablespoons Mustard
4 Tablespoons Ketchup
4 Tablespoons Worcestershire Sauce
2-5 Drops of Hot Sauce (as desired)
1/2 Cup Seasoned Bread Crumbs

Directions

Sauté onions in butter until clear. Add salt and pepper to egg; then mix. Add mixture to meat, mix. Then place into pan. Bake at 350 degrees for 45 minutes. Let broil for 5 minutes to finish.