

Cheddar Nut Dip

Ingredients

1 c. shredded medium cheddar cheese
1/2 c. plain yogurt
1 tbsp. tomato paste
1 chopped clove garlic
pinches of salt and cayenne pepper

Directions

Throw everything in a food processor and blend until fairly smooth. Spoon into bowl and stir in 1/3 c. toasted chopped walnuts. Garnish with fresh parsley and serve with breadsticks.